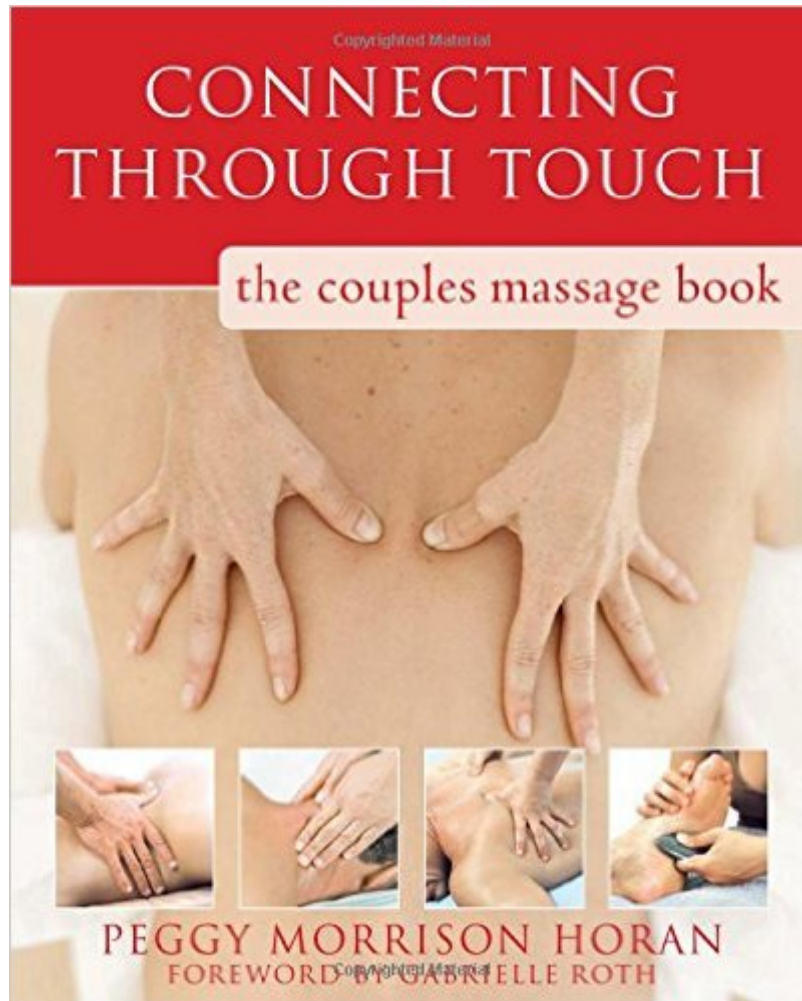


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# Connecting Through Touch: The Couples' Massage Book



## Synopsis

Starting with a simple setting that can easily be accomplished with few special preparations, readers will learn, step-by-step, how to make a deep and meaningful connect with their partner's body.

Using a combination of strokes from the most time-honored massage traditions, they will learn to be mindful of where their partner holds stress and tension. As the massage continues, readers will enter into a profound nonverbal dialogue with their partner, learning much from the simple act of contact with another body. All of the techniques are illustrated with black-and-white photographs.

Elegant and refined, this book is a perfect gift for a special someone or a friend in love.

## Book Information

Paperback: 184 pages

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Shipping Weight: 10.4 ounces (View shipping rates and policies)

Average Customer Review: 4.2 out of 5 stars [See all reviews](#) (23 customer reviews)

Best Sellers Rank: #317,829 in Books (See Top 100 in Books) #282 in [Books > Health, Fitness & Dieting > Alternative Medicine > Massage](#)

## Customer Reviews

I think the author is a bit kooky and a hippie, but the techniques are awesome. I love that the photos are elegant and there is NO NUDITY! I looked at dozens of couples massage books, only this one had modest photos. I just finished reading it and I'm eager to start practicing.

"Touch is its own, unique form of communication, which can foster genuine understanding between partners in ways that words alone cannot. For more than 30 years, I have been dazzled by Peggy Horan's extraordinary talents and sensitivities. She is truly one of the great living masters of the art of massage. In "Connecting Through Touch" she does a superb job of capturing all of the ways in which touch can comfort, stimulate, bridge gaps and heal. I have every confidence that this book will enrich the relationships of anyone who reads it."Ken Dychtwald, Ph.D., Author of BODYMIND

I studied massage with the author 15 years ago and have always been very successful in the

massage business due to Peggy's training. My wife and I are both massage therapists and were looking for a book to use as a reference, and we found this delightful and thorough book on almost by accident. It is a great reference and uses both written work and excellent photos to help explain the full process of giving a quality massage. Recommended for couples who want to spend a bit of time learning how to really massage each other very well.

A good book on intimate personal massage with emphasis on the personal connection between the giver and the recipient. Written to enable a person to maximize the interpersonal connection that human touch can bring. Lots of touchy feely, lots of care, lots of feel good;;;not centered in the erotic, though easily approaching it with feelings.

I'm a massage therapist and this my "go to" gift for weddings! It allows couples to grow closer through massaging each other. The majority of the book is therapeutic massage. LOVE THIS BOOK!

I love this book! My hubby is big on physical touch and this book helped us to connect physically in ways we hadn't before. I've given him massages in the past and they were nice but there is a lot more to giving a meaningful massage than just putting pressure in the right places. There are help (clean) photographs that help illustrate techniques. The wording is very clear to understand and they give meaning and reason to their points.

I found this book to be informative and quite balanced. It wasn't written as a "using massage as an excuse for sex" book. It is quite detailed and I found all the instructions easy to follow. I am visually impaired so I can't see the pictures but I was still able to manage to understand what the author was explaining. A great read and one I will keep around on my Kindle to come back to over and over again!

Great book. My wife loves the ideas here and allows me to work on getting her tension out all of time. She loves the technique that gets in between the ribs and the no talking rule. I would definitely recommend for the beginner or couple who wants to just massage without learning all of the jargon,

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